

# Memory Care Quality Checklist

## Physical Environment

- Features in the environment were created by (or with input from) residents and exist for the residents' benefit
- Effective signage is used to enable and encourage residents to interact with the environment
- Floors avoid confusing visual patterns
- Doors to rooms are clearly labeled and individualized for the residents

## Social

- Residents have a role in planning outings and events
- Resident-led committees are held regularly
- Residents have individualized roles in the community
- Staff and residents know each other
- Name tags are in use to enable residents to call each other by name

## Care

- Community is secure and safe
- Community is staffed with a nurse 24/7
- Care staff are predominantly employed by the organization, not an outside agency
- Staff receive training in dementia care
- Responsive behaviors in dementia are managed using non-pharmacological approaches first; not psychotropic drugs

## Person-Centeredness

- A system is in place to discover the history, interests, and preferences of each individual. This information is easily accessible to staff.
- Residents stay as independent as possible (receive the minimum amount of assistance necessary to be successful at a task)
- Residents have choices in dining and food offerings

## Engagement

- Activities are purposeful and meaningful, not merely entertainment and distraction
- Opportunities for individual engagement exist outside of planned group activity programming
- Residents maintain connections with animals, nature, and the broader community

## Choice

- Residents can decide which activities they will participate in
- Residents have a say in how their day is structured
- Residents have choices in how and when their daily care tasks are completed

